

Certificate in Executive Coaching

Run in association with A.C.E.A. Romania

2 day Programme

Experience what it's like to be an executive coach and begin to understand the power and success of coaching.

This 2 day programme will introduce you to the principles and practice of coaching. Not only will you learn how to use an effective four stage model that will allow you to begin coaching right away, you will also discover what kind of coaching is right for you.

Our aim is to provide you with a robust initial learning journey that enhances your skills, deepens your understanding and inspires you.

To further demonstrate our commitment to you at the start of your coaching journey, we will deduct 50% of this programme fee (max 465 lei) from the Diploma in Intermediate Coaching should you choose to progress to the next stage in becoming an accredited executive coach.

Programme Content

- Bring clarity to the distinctions between: coaching – mentoring – counselling – training and learn when to use coaching as a powerful intervention
- Start at the very beginning: listening, open questioning and goal setting
- Discover alternatives to giving advice

- Learn how to use an effective four stage model that will enable you to begin coaching right away!
- Go behind Coaching's Core Competencies to understand why coaching is so powerful and effective: the type of questions that will yield the best response, ways of listening that get clients to say more, how to have a conversation that leads to greater resourcefulness, accountability and outcome
- Learn the difference between when to coach for performance and when to coach for development
- Coaching skills are not just for the workplace. Enjoy improved communication with friends, family, colleagues as well as helping clients

Group sizes are kept to a maximum of 16 to encourage greater development and attention to your needs.

You will have access to expert tutor input from an experienced Executive Coach, and you will also receive expert and peer feedback as you test your "coaching wings" in small practice triads: coach – coachee – observer.

Coaching skills are not just for the workplace - they have positive effects on all aspects of your life. You will enjoy improved communication with friends, family, colleagues as well as helping clients.

Discover and learn

Is coaching for me?

The Certificate in Executive Coaching will allow you to experience coaching first-hand to help you decide whether you wish to train further in coaching and proceed onto our Intermediate Diploma. It is perfectly suited for both those who are looking to take their interpersonal skills to the next level as well as those considering integrating coaching into their work or embarking on a career as an executive coach.

How can I introduce coaching into my organisation?

Understand the unique transformational ability of coaching from the inside out so you can confidently introduce coaching into your organisation.

What kind of coaching is right for me?

Reflect on and discover your personal coaching style and type of coaching you most enjoy. (e.g. life coaching, career coaching, business coaching, performance coaching, transformational coaching)

The coaching context: why – when – who?

Coaching is the most effective approach for a variety of frequent business issues, for example: alignment of goals between individuals, teams and organisation; career transition; overcoming poor or ineffective relationships with colleagues; effective action planning. Learn more!

Do I have what it takes to be a great coach?

If this is a whole new area for you then you'll be able to explore further whether this is a good career choice for you and to talk to a highly qualified coach as part of the process.

This programme is the gateway to our suite of highly accredited coach development programmes - your first step in becoming a professional coach.

So if you are completely new to coaching then this programme is for you.

Who to Contact

To learn more about our Certificate in Executive Coaching contact:

Cristian Tudoran

Mobile: **+40 723 166868**

Email: acea.cd01@gmail.com

Website: www.aoec.com &

www.coachexecutiv-asociatie.ro

Dates & Fees

Certificate in Executive Coaching

Dates

25th and 26th November, 2011

Times

The programme runs from 9.30am to 5.30pm each day.

Fees

930 lei per participant

880 lei participant

(if the payment is done before 18th of November, 2011)

Venue

Bucharest, Romania

Booking Procedure

NB Early booking is recommended, as numbers are strictly limited.

To apply, please contact Cristian Tudoran directly.